

# Self Care Kits – Cosmetic Dermatology, 9th Floor

## Self Care Kit: \$379.00 + tax

A basic yet comprehensive start to a well-rounded skin care routine. It includes a little bit of everything for a normal-oily or normal-dry skin type. It will address cleansing and exfoliation along with anti-aging benefits and protection of the skin. With this system a patient should see results in 6-12 weeks with an improvement in skin tone, texture, and overall appearance.

### AM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Vitamin C Collagen Serum  
Resurfix Daily Enriched Facial Cream  
Resurfix Daily Essential Oil Free SPF 50 Tinted or Non-Tinted

### PM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Concentrated Retinol Treatment Serum 5X  
Resurfix Daily Enriched Facial Cream



## Deluxe Self Care Kit: \$564.00 + tax

Provides a more intense and targeted treatment skin care routine. The higher dose of retinol will speed up cellular turnover. This can take 4-6 weeks. It is more likely to experience redness, peeling, and irritation until the skin acclimates, but this will help improve skin tone and texture. A higher content of water and fatty acids in the moisturizer will provide a longer lasting feeling of moisture in the skin and provide more anti-aging benefits and healing properties.

### AM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Vitamin C Collagen Serum  
Resurfix Advanced Restore Retinol Eye Treatment Cream  
Resurfix Total Restore Moisturizer  
Resurfix Daily Essential Oil Free SPF 50 Tinted or Non-Tinted

### PM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Advanced Restore Retinol Eye Treatment Cream  
Resurfix Concentrated Retinol Treatment Serum 10X  
Resurfix Total Restore Moisturizer



## Rosacea/Sensitive Self Care Kit: \$395.00 + tax

A full skin care routine for sensitive skin and/or rosacea prone skin. This kit is safe to use alongside Metrogel/cream or topical clindamycin.

### AM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Vitamin C Collagen Serum  
Resurfix Phyto Multi-Correction Serum  
Resurfix Total Restore Moisturizer  
Resurfix Daily Essential Oil Free SPF 50 Tinted or Non-Tinted

### PM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Phyto Multi-Correction Serum  
Resurfix Total Restore Moisturizer



## Keratosis Pilaris Kit: \$185.00 + tax

A simple yet effective approach to reversing bumpy skin associated with this condition on the body.

### AM:

Resurfix Brightening Polish

### PM:

Resurfix Concentrated Retinol Treatment Serum 10X



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## Melasma/ Skin Lightening Kit: \$445.00 + tax

A targeted treatment skin care plan to combat melasma and other forms of discoloration. These products can be used for all skin types including sensitive skin and for use during pregnancy. In addition, this kit has lightening for discoloration from plant based ingredients which will accelerate the results and provide healthier, lighter and brighter skin cells.

### AM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Brightening Pads  
Resurfix Vitamin C Collagen Serum  
Resurfix Daily Scar Care SPF 45

### PM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Brightening Pads  
Resurfix Concentrated Retinol Treatment Serum 5X



## Acne Self Care Kit: \$234.00 + tax

A complete system that helps with exfoliation, leveling out the amount of oil production and destroying acne bacteria as well as hydrating and healing properties to counter act the acne ingredients. The sunscreen included is formulated for sensitive and acne prone skin.

### AM:

Resurfix Sensitive Skin Acne Cleanser  
Resurfix Advanced Acne Toning Pads  
Resurfix Phyto Multi-Correction Serum  
Resurfix Daily Essential Oil Free SPF 50 Tinted or Non-Tinted

### PM:

Resurfix Gentle Enzyme Cleanser  
Resurfix Advanced Acne Toning Pads  
Resurfix Phyto Multi-Correction Serum



## Isotretinoin Accutane Kit: \$290.00 + tax

This skin care program is designed specifically for patients who are on an Isotretinoin Accutane program or transitioning from one. To balance out the dryness and sensitivity from the medication, these products have been selected to hydrate, soothe and protect the new skin forming during this process.

### AM:

Obagi Gentle Cleanser  
Resurfix Phyto Multi-Correction Serum  
Resurfix Total Restore Moisturizer  
Resurfix Daily Scar Care SPF 45

### PM:

Obagi Gentle Cleanser  
Resurfix Phyto Multi-Correction Serum  
Resurfix Total Restore Moisturizer

